

Other Culture of Life Suggested Activities:

- Raise money to support the state Culture of Life Ultrasound fund.
- Support the March for Life held each year in conjunction with the January anniversary of the *Roe v. Wade* decision of the U.S. Supreme Court legalizing abortion. Thousands of Culture of Life supporters march for life in Washington, DC demanding legislative protection for the unborn. Send a delegation from your council to the March for Life in Washington, DC or support youth groups that go to Washington, DC. For more information visit <http://www.marchforlife.org/> or follow them on Facebook at “The March for Life” and on Twitter @marchforlife
- Join the Knights of Columbus, “**Day of the Unborn Child**” observed annually on the Feast of the Annunciation (March 25). Knights, Squires and their families pray and fast to remind us of the importance and dignity of human life from the moment of conception to birth.
- Organize a new council Culture of Life program in your Council and submit your ideas, photos, details and results to the State Cultural of Life Foundation.
- Send letters or personally contact your chaplain, pastor and members of the clergy offering whatever assistance they request in the fight against abortion.
- Promote and support the Order’s Culture of Life efforts by displaying materials featuring the Culture of Life themes. “Defend Life” (billboard #1938) and a 13 x 20 inch sign (#4238) are available at no cost from the Supreme Council Supply Department — the billboard consists of 12 sheets and measures 21 ½ x 9 ½ feet — allow 4 weeks for delivery. Other Culture of Life materials are described in the Supply Catalog (#1264).
- With the permission of the pastors, conduct a Baby Bottle campaign in local parishes by supplying baby bottles to parishioners asking them to take the bottles home and fill them with loose change and return them to the parish. Donate the monies collected to Culture of Life efforts in the local area.
- Distribute the Church’s teachings on the sanctity of life as outlined in the Study Guide to *Evangelium Vitae* (#2914) prepared by the Knights of Columbus for groups and individuals who wish to become more familiar with the Church’s teaching on the respect due human life as presented by Pope John Paul II. (Copies can be obtained for .25 each from the Supply Department).
- Contact Right-to-Life, Birthright or other pro-life organizations in your area to coordinate programs with those already in existence by volunteering support, manpower and finances.
- Create a public display of Pro-Life support by placing small white crosses on the lawn of your council home or parish, representing the number of lives lost to abortion locally each year.
- Promote letter-writing campaigns to the state legislators expressing your views clearly, firmly and courteously — be courteous, ask questions and demand answers. For a listing of state senators go to www.nebraskalegisature.gov Click on Senators tab and follow the instructions to email them.
- Raise funds for Birthright and similar Pro-Life organizations which help encourage pregnant women to carry their babies to birth rather than to abort them. Volunteer manpower and services.

- Carry the Pro-Life message to youth through the religious formation programs, high schools, colleges, FOCUS (Fellowship of Catholic University Students) and Squires, etc. by delivering speeches, distributing literature and sponsoring Pro-Life essay and poster contests.
- Voice your disapproval of programs aired on radio and television stations that do not depict a Catholic view on human dignity. Request that equal time be dedicated to programs displaying Culture of Life values.
- Erect a memorial to children killed through abortion.
- Give gifts of thanks and congratulations to women who have “chosen life” by carrying their babies to term by presenting new mothers with something as simple as the Knights of Columbus Congratulations Card (#2087, E,F,S, available at 25¢ each from the Supply department), or provide other practical gifts like diapers, food, blankets or clothing, particularly for newborns and their single mothers temporarily housed in shelters. Work with local social service agencies or programs that counsel women to keep their babies or place them for adoption. The Nebraska Knights of Columbus promote “Roses for Motherhood and St. Joseph Medals for Fatherhood”.
- Consider presenting roses from your Council to all mothers attending Mass on Mother’s Day or at baptism of their child. Thank them for choosing life.
- Hold an “Advent Baby Shower” and collect baby items and supplies for unwed mothers and crisis pregnancy care centers, or hold a “Tree for Life” during Christmas time where people could choose an item off the tree to purchase for the distribution to unwed mothers and crisis pregnancy centers, Birthright or other Pro-Life Organizations.
- Demonstrate publicly your pro-life stance by presenting savings bonds or other gifts to the first child born at your local hospital on Columbus Day, New Year’s Day or the January 22nd anniversary of the Supreme Court decision legalizing abortion.
- Support homes and facilities for unwed mothers in your area by fund-raising activities, drives to collect diapers and other layette items for newborns, and providing volunteers to help with facility maintenance and upkeep.
- Pray the rosary to end abortion — a simple, yet effective act that can have enormous impact (a poster urging the recitation of the rosary as a weapon against abortion (#2073) and a prayer card with a pro-life prayer on the back (#2072) are available at no charge from the Supply Department.
- Ask the pastors of the parishes your council serves if Knights can lead a Rosary for Life before Masses in October — Respect Life Month — and on the weekend closest to January 22, the anniversary of the *Roe v. Wade* decision of the U.S. Supreme Court legalizing abortion.
- Request copies of “Winning Words of Life” (#2275) for insertion into parish bulletins with the permission of the pastor.
- Offer rosaries publicly outside abortion clinics. Individuals or groups peacefully praying the rosary outside such facilities are highly visible and effective.
 - Stay informed about efforts in Nebraska to legalize euthanasia or assisted suicide. Be prepared to oppose such efforts in letters to the editor and contact with elected representatives. <http://www.necatholic.org/>

- Support hospice in your community by offering the services of your council in helping to raise funds, caring for patients, etc. Be sure the hospice follows the Ethical and Religious Objectives for Catholic Health Care, which explains Catholic teaching in opposition to assisted suicide and euthanasia. The directives can be found at the U.S. Bishops' web site <http://www.usccb.org/> enter "*Ethical and Religious Objectives for Catholic Health Care*" in the search bar.
- Post Project Rachel information in your parish and hall restrooms for women, men and families suffering in the aftermath of abortion. www.hopeafterabortion.com. For Project Rachel Tear Off Sheets go to [http://www.necatholic.org/Websites/necathcon/files/Content/5851393/Project Rachel tear off young woman.pdf](http://www.necatholic.org/Websites/necathcon/files/Content/5851393/Project_Rachel_tear_off_young_woman.pdf)
- "Share", "Like" and "Post" on Facebook, and "Retweet" on Twitter or other social media outlets stories and postings that have a Cultural of Life theme consistent with Catholic teachings.